What's on the Menu?



		April 2024	Price: \$Free	
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
No School	Soft Shell Tacos w/ Meat, Cheese & Trimmings w/Salsa Fresh Baby Carrots Chilled Diced Pears Choice of Milk	Baked Chicken Drumstick Vegetarian Baked Beans WG Biscuit Fresh Cucumber Coins Michigan Grown Apples Choice of Milk	Ham Steak Scalloped Potatoes WG Dinner Roll Fresh Baby Carrots Diced Peaches Choice of Milk	Brunch for Lunch French Toast Sticks & Sausage Celery Sticks Fresh Orange Wedges Choice of Milk
W4				
8 Chicken Nuggets WG Dinner Roll Green Beans Fresh Cucumber Coins Applesauce Choice of Milk W1	9 French Bread Cheese Pizza Seasoned Black Beans Fresh Baby Carrots Chilled Diced Pears Choice Of Milk	10 Chicken & Cheese Crispitos Seasoned Carrots Salsa Fresh Cucumber Coins Michigan Grown Apple	11 Bosco Stick or Dunkers Fresh Baby Carrots Diced Peaches Choice of Milk	Pancakes and Sausage Patty Celery Sticks Fresh Orange Wedges Choice of Milk
15 Carnival Corn Dog Green Beans Fresh Cucumber Coins Applesauce Choice of Milk W2	16 Hamburger on WG Bun Tater Tots Fresh Baby Carrots Chilled Diced Pears Choice of Mllk	Choice of Milk 17 Chicken Patty on WG Bun Vegetarian Baked Beans Fresh Cucumber Coins Michigan Grown Apple Choice of Milk	18 Chicken & Cheese Quesadilla w/Dipping Sauce Fresh Baby Carrots Diced Peaches Choice of Milk	19 French Bread Pizza Celery Sticks Fresh Orange Wedges Choice of Milk
22 Mac and Cheese w/ Diced Ham Steamed Green Beans Fresh Cucumber Coins Applesauce W3 Choice of Milk	23 Hot Dog on WG Bun Tater Tots Seasoned Corn Chilled Diced Pears Choice of Milk	24 Jumbo Chicken Tenders w/ Dinner Roll Vegetarians Baked Fresh Cucumber Coins Michigan Grown Apple Choice of Milk	25 Pizza Crunchers Fresh Baby Carrots Diced Peaches Choice of Milk	26 Turkey and Cheese Sub Smart Snack Chips Celery Sticks Fresh Orange Wedges Choice of Milk
29 No School	30 Soft Shell Tacos w/ Meat, Cheese & Trimmings w/Salsa Fresh Baby Carrots Chilled Diced Pears Choice of Milk			

This institution is an equal opportunity employer.



Chatfield: Free Breakfast to All Students

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and a variety of milk choices.

Monday	Tuesday	Wednesday	Thursday	Friday
Choose 2	Choose 2	Choose 2	Choose 2	Choose 2
Scooby-Doo Graham Stix	Bug Bites Graham Crackers	WG Blueberry Muffin	Cinnamon Goldfish Grahams	Scooby-Doo Graham Stix
		Cereal Variety		
Cereal Variety	Cereal Variety		Cereal Variety	Cereal Variety
Cereal Bar Variety	Cereal Bar Variety	Cereal Bar Variety	Cereal Bar Variety	Cereal Bar Variety
Nutra Grain Bar Variety	Nutra Grain Bar Variety	Nutra Grain Bar Variety	Nutra Grain Bar Variety	Nutra Grain Bar Variety
Cheese Stick	Cheese Stick	Cheese Stick	Cheese Stick	Cheese Stick
Trix Yogurt	Trix Yogurt	Trix Yogurt	Trix Yogurt	Trix Yogurt
Must take a	Must take a	Must take a	Must take a	Must take a
Juice or Fruit	Juice or Fruit	Juice or Fruit	Juice or Fruit	Juice or Fruit
<u>Optional</u>	<u>Optional</u>	<u>Optional</u>	<u>Optional</u>	<u>Optional</u>
Milk, Skim, 1% or	Milk, Skim, 1% or	Milk, Skim, 1% or	Milk, Skim, 1% or	Milk, Skim, 1% or
Chocolate	Chocolate	Chocolate	Chocolate	Chocolate

Student will choose 2 breakfast items AND a juice or fruit. Milk is optional.

Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to www.EatLearnLive.com

This institution is an equal opportunity provider.